



**CAPITAL CHRISTIAN HIGH SCHOOL**  
9470 MICRON AVENUE  
SACRAMENTO, CA 95827  
916-856-5611 □ CCSCOUGARS.ORG

## February 2019

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### NOTE FROM THE PRINCIPAL

Dear CCHS families,

Registration is underway for the 2019-2020 school year! We are thankful for returning families and your continued partnership in a Christ-centered education for your children. We are also excited for new families who will be joining us next year as we have connected with them at Open House, shadow days, tours, and interviews. We are grateful for our current and future CCHS families!

February is Black History Month. The Association for the Study of African American Life and History has established themes since 1928, two years after instituting Black History Month to honor African American contributions to American heritage. This year's theme is "Black Migrations". This theme "emphasizes the movement of people of African descent to new destinations and subsequently to new social realities. While inclusive of earlier centuries, this theme focuses especially on the twentieth century through today." (Find more at <https://asalh.org/asalhs-2019-theme-black-migrations/>). This month we celebrate the diversity of our nation and our school!

"By this everyone will know that you are my disciples, if you love one another." (John 13:35)

We look forward to seeing you on campus for the many upcoming events and activities shared in this newsletter. Thank you for being a part of our school community!

Go Cougars!

Dr. Julie M. Filer  
Principal

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### ENROLLMENT/RE-ENROLLMENT

Enrollment for new and returning students for the 2019-2020 school year has begun. CCHS will continue with an online registration process via PowerSchool. If you have not already received an email, please contact Admissions at [CCS.Admissions@ccscougars.org](mailto:CCS.Admissions@ccscougars.org). Please list your student's full name in the email. For enrollment click on the following link: <https://www.ccscougars.org/admissions>.

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### REGISTRATION PRIORITY NUMBERS

Priority numbers are used for scheduling classes and locker assignment times. Priority numbers are given when re-enrollment is completed and paid in full. Locker assignment times and priority numbers for lockers will be communicated at the end of July 2019.

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### 2019-2020 GLEN COLE MEMORIAL FUND - FINANCIAL AID

The Glen Cole Memorial Fund Financial Aid applications for the 2019-2020 school year are now available online through FACTS Grant & Aid, at [www.factsmgmt.com](http://www.factsmgmt.com), as well as a link through our school website, [www.ccscougars.org](http://www.ccscougars.org), under the Admissions tab, then under Tuition & Fees. Information can also be found in any of our school offices.

If you anticipate the need for financial assistance for the 2019-2020 school year, please make every effort to apply by the application deadline of March 15, as funds are limited. Those completing their application by the March 15 deadline will receive their award notification from FACTS on April 19 and will need to respond to this notification by May 3. To respond to the award notification, simply log on to your FACTS application and choose “Accept Award” or “Decline Award”. If you “Accept Award” online, your award will be reserved for you. If you do not “Accept Award” online, your award will not be reserved for you and the funds will be released to other applicants. It is very important you adhere to these deadlines as we cannot guarantee funds will be available at a later date. If you have further questions, there is a full list of FAQs on the website or feel free to contact the CCS Financial Aid Coordinator at 916-856-5611, ext. 1734, or [financialaid@ccscougars.org](mailto:financialaid@ccscougars.org).

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## COLLEGE AND CAREER CENTER

**Course Selections** for the 2019-2020 school year will begin in March and will continue through April. Students will meet one-on-one with Mrs. Murchie, Dean of Students, to discuss their course options for next school year. Please take this time to talk about college planning with your student and what course options are best to prep them for college. Verification of courses will be available through PowerSchool. Additional details to follow through email.

**PSAT results** are available on student’s College Board account. Students who took the PSAT were assisted in logging into College Board and using the free planning services provided by College Board. Students were able to explore Big Future, an online career and college planning tool, had the opportunity to link their PSAT scores to their Khan Academy account to create a customized SAT study plan, and were able to explore their AP Potential. Visit [College Board](#) to login and explore these services with your student. All Juniors, Sophomores, and Freshmen took the PSAT.

Don’t forget! Seniors need to submit the **FAFSA** and the **GPA verification form** by **March 1** to be considered for the Cal Grant. The FAFSA can be accessed through [www.fafsa.ed.gov](http://www.fafsa.ed.gov). Cal Grant forms are available in the office or online through [http://www.csac.ca.gov/pubs/forms/grnt\\_frm/gpaform.pdf](http://www.csac.ca.gov/pubs/forms/grnt_frm/gpaform.pdf).

### Important College & Career Dates:

- February 8     SAT registration due – March 9 SAT     [www.sat.org](http://www.sat.org)
- March 1        Cal Grant GPA verification forms turned in by 4pm
- March 8        ACT registration due – April 13 ACT     [www.act.org](http://www.act.org)
- March 4        Junior Parent College Planning Session 6pm
- March 4        Junior Parent Meeting 7pm

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## JUNIOR PARENT MEETING

There is a **Junior Parent Meeting** scheduled for **Monday, March 4 at 7:00pm** in the High School Atrium. Parents of incoming Seniors are encouraged to attend as we will discuss what to expect in the Senior year. This includes final graduation requirements, the college admission process, important events, and anticipated Senior year expenses. We look forward to seeing you there.

Also, we will be offering an optional **College Planning Session at 6:00pm** for parents that would like to receive specific information on the college planning process and a timeline of events. This meeting will run for approximately 45 minutes prior to our 7pm start time.

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## QUARTERS FOR A CAUSE

This year, as a school, we've united to support a project in the Dominican Republic via Students International. You can join our cause with **one quarter per student per chapel**. We can raise \$10,000 this year to help make this building project a reality for the children of Jarabacoa, D.R. This totals just \$10 per student for the school year.

[Please watch the attached video \(by clicking here\) we played at chapel](#) and stay tuned for updates on "Quarter for a Cause" throughout the school year. Looking forward to watching God multiply our offerings as we unite together in heart and prayer!

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## POETRY OUT LOUD COMPETITION

Capital Christian High School is once again participating in Poetry Out Loud, a national poetry recitation contest that began in 2006. Poetry Out Loud is sponsored by the National Endowment for the Arts and the Poetry Foundation and gives high school students a chance to compete through campus, regional, state, and the national finals for a grand prize of \$20,000. To participate, students memorize and publicly recite poems from an approved list of over 600 titles.

The champion for the CCHS Poetry Out Loud competition this year is **Marley Ross**, and the runner-up is **Natalie Wilson**. Marley will go on to represent our school at the Sacramento County competition in February. The state competition will take place in March, and the National Finals will be in April.

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## A NIGHT OF MUSIC AND DINNER

Please mark your calendars for *A Night of Music and Dinner* which will be held on **Friday, March 22**. This event will be a fun-filled night of music with a catered dinner. Special music from our bands will be provided as they prepare for their spring trip in late April. This is a fundraising event, with a silent auction and raffle.

**CCS Bands Present: *A Night of Music and Dinner***

**Friday, March 22, 6:00pm**

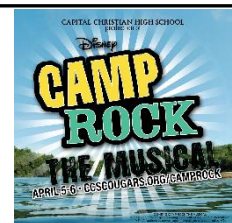
**Performing Arts Center**

Tickets will be available online at [ccscougars.org/band](http://ccscougars.org/band).

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## SPRING MUSICAL 2019

Get ready to rock at Capital Christian High School with ***Camp Rock: The Musical!*** Your favorite songs and characters from the Disney Channel Original Movies *Camp Rock* and *Camp Rock 2: the Final Jam*, are combined into one fun, heartfelt, exciting show, *Camp Rock: The Musical!* This show will play on April 5 and 6 on our CCS Performing Arts Stage. For tickets and more information, go to [ccscougars.org](http://ccscougars.org).



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## SENIOR CLASS OF 2019

### GRADUATION

If you haven't done so already, it is time to order custom graduation announcements, class ring, and most importantly a cap, gown & tassel for the graduation ceremony.

Please place your order at [www.jostensnorcal.com](http://www.jostensnorcal.com) at your earliest convenience. If you have already placed your order, you are all set. If you have any questions regarding the order process please direct those to our Jostens representative, Ken Caldeira, at [customerservice@jostensnorcal.com](mailto:customerservice@jostensnorcal.com) or 916-989-3909.

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### TRANSCRIPTS

Any transcript needs are processed electronically. You can get your access code for [parchment.com](http://parchment.com) in the High School Office. Please ask Mrs. Skelton for details at [cathy.skelton@ccscougars.org](mailto:cathy.skelton@ccscougars.org).

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### SENIOR TRIP

Final payments for the Senior Trip on May 28-30 are due in March. If you are unable to pay the final balance for your student in March, please let Mr. Garza know as soon as possible. **If your student is not planning to attend the trip**, or you have questions, please contact Mr. Garza at [pj.garza@ccscougars.org](mailto:pj.garza@ccscougars.org).

~~November 15~~ \$200.00 ~~Permission Slip due~~

~~January 17~~ \$150.00

February 16 \$150.00

March 19 \$100.00

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## ATHLETICS

**Our Fall Accomplishments are listed below. Congratulations to our athletes and coaches!**

Thirty-four students were CAL League Scholar Athletes for the Fall. Athletes must have a cumulative 3.50 (or above) weighted or unweighted grade point average as well as a current 3.5 (or above) weighted or unweighted GPA. The cumulative GPA is based on cumulative grades of semesters from ninth grade onward, including the grading period that the athlete is participating in a sport.

### Football

CAL League Champions

D3 Section Champions

All League: Isaiah Bass, Jonathon Boyd, Cooper Crick, Ilaisa Gonebure, Trey Jones, Max Rodarte, Shane Semeit, and Jordan Totton

CAL Most Valuable Player: D'Marcus Ross

CAL Defensive Player of the Year: William Buck

CAL Co-Outstanding Lineman of the Year: Jonathon Boyd

Optimist All-Star Football Game: Kenyon Boyer, D'Marcus Ross, and Trey Jones

### Volleyball

All League: Kalea Neal and Julia Norville

Optimist All-Star Volleyball Game: Julia Norville

### Cross Country

Boys: D5 Section Champions – 4<sup>th</sup> year in a row

CIF State Meet Competitors: Azalea Prince, Luke Lockwood, Josh Spiva, Claro Tayros, Justin Garcia, Jakob Garcia, Scott Frizzell, and Daniel Prasad

Winter Sports: Girls and Boys Basketball, Girls and Boys Soccer, and Wrestling are still going strong and wrapping up the end of their regular seasons. Playoffs begin 2/12 for winter sports!

Spring Sports begin this week! Boys Volleyball, Boys Tennis, Boys Golf, Track, Swim, Softball and Baseball will be starting up and having tryouts. If you are interested in playing, please contact Mr. Garcia or Mrs. Contreras who will be able to connect you to the coaches.

Would you like to be a part of the **Capital Christian Booster Club**? There is a meeting February 13 at 6:30pm in the High School Library!

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## **YEARBOOK**

There is still time to buy Yearbooks! Please visit [www.jostens.com](http://www.jostens.com) to order.

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## **PAWS (Parents Actively Working Side-by-side)**

As always, we have many opportunities for you to get involved, through donations and volunteering. Please sign up today by going to the HS PAWS group sign-up site: <http://signup.com/go/VNOBYjh>

Thanks for making a difference at CCHS!

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## **FEBRUARY**

6	Progress Reports
8	Early Out 12:00 (Teacher-In-Service)
18-22	No School (Winter Break)

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