

**Allergen Containing**

- G** Contains Gluten
- D** Contain Dairy

# Cougar café

- V** Vegetarian
- GF** Gluten Free
- FR** Free Range
- Grass Fed**
- VG** Vegan
- Cage Free**
- Organic**

**November**

Local, fresh and organic food cooked from scratch and with care. All Meals Come with Clover Farms 1% Milk or 100% No Added Sugar Juice Pouch

Monday	Tuesday	Wednesday	Thursday	Friday
			<p><b>Breakfast For Lunch</b></p> <p>Buttermilk Pancakes, Crispy Bacon,</p> <p>Organic California Fruit Bowl</p> <p>Local Maple Syrup</p> <p style="text-align: center;"><b>V</b></p>	<p><b>Platillos Latinos</b></p> <p>Grilled Steak Quesadilla, Whole Grain Flour Tortilla</p> <p>Three Cheese Blend, Spanish Rice</p> <p>Fresh Pico De Gallo</p> <p style="text-align: center;"><b>V</b></p>
<p><b>Kitchen Table</b></p> <p>Blackforest Ham &amp; Cheese</p> <p>Sourdough, Clover Cheddar Cheese</p> <p>Crispy Tater Tots</p>	<p><b>Breakfast For Lunch</b></p> <p>Whole Grain Waffle Sticks, Chicken Apple Sausage</p> <p>Local Maple Syrup</p> <p>Organic Watermelon</p>	<p><b>Stone Hearth Pizza</b></p> <p>Cheese with Rumiano Farms Cheese</p> <p>Cucumber &amp; Heirloom Tomato Salad with House Vinaigrette</p>	<p><b>Global Adventure</b></p> <p>Free Range Chicken Alfredo, Creamy Garlic Cheese Sauce</p> <p>Butter Penne Pasta</p> <p>Roasted Broccoli</p>	<p><b>Kitchen Table</b></p> <p>Mini Burger Sliders, Grass Feed Beef,</p> <p>Slider Buns, Clover Cheddar Cheese</p> <p>Crispy Potato Wedges</p>
		<p><b>Global Adventure</b></p> <p>Free Range Chicken Tenders,</p> <p>Crinkle Cut Fries</p> <p>Roasted Cauliflower</p>	<p><b>Stone Hearth Pizza</b></p> <p>Cheese Pizza with Rumiano Farms Cheese</p> <p>Garden Caesar Salad with Grape Tomatoes, English Cucumbers, &amp; House Dressing</p> <p style="text-align: center; font-size: small;">This Photo by Unknown Author is licensed under <a href="#">CC BY-SA</a></p>	<p><b>Platillos Latinos</b></p> <p>Nachos!</p> <p>Taco Seasoned Meat, Crispy Whole Grain Tortilla, Cheese Sauce</p> <p>Fresh Pico De Gallo</p> <p style="text-align: center;"><b>V</b></p>
		<p><b>EEC is open / Caffeteria Closed</b>                      <b>EEC is Closed for Thanksgiving</b></p>		
<p><b>Kitchen Table</b></p> <p>Vienna Chili Dogs</p> <p>All Beef Hot Dogs</p> <p>Homemade Chili</p> <p>Homemade Chips</p> <p style="text-align: center;"><b>V</b></p>	<p><b>Platillos Latinos</b></p> <p>Free Range Chicken Chow Mein, Fresh Noodles,</p> <p>Stir Fried Vegetables</p> <p>Soy Glaze</p>	<p><b>Stone Hearth Pizza</b></p> <p>Cheese Pizza with Rumiano Farms Cheese</p> <p>Garden Caesar Salad with Grape Tomatoes, English Cucumbers, &amp; House Dressing</p>	<p><b>Global Adventure</b></p> <p>Spagetti, Homemade Meat Ragu,</p> <p>House Made Marinara Sauce</p> <p>Garlic Bread Stick</p> <p>Roasted Italian Vegetables</p> <p style="text-align: center;"><b>V</b></p>	<p><b>Street Food</b></p> <p>Homemade Meat Loaf</p> <p>Sweet Tomato Glazed</p> <p>Creamy Mash Potato Buttered Organic Peas</p>
<p><b>Fruits and vegetables served with all meals</b></p>				