

**Allergen Containing**

- G** Contains Gluten
- D** Contain Dairy

# Cougar café

February

- V** Vegetarian
- VG** Vegan
- GF** Gluten Free
- C** Cage Free
- FR** Free Range
- O** Organic
- GF** Grass Fed

Local, fresh and organic food cooked from scratch and with care. All Meals Come with Clover Farms 1% Milk or 100% No Added Sugar Juice Pouch

Monday	Tuesday	Wednesday	Thursday	Friday
				<p style="text-align: center;"><b>Global Adventur</b></p> <p>House Made Beef Ragù, Marinara Sauce</p> <p>Buttered Penne Pasta</p> <p>Roasted Italian Veg</p>
4	5	6	7	8
<p style="text-align: center;"><b>Street Food</b></p> <p>Free Range Chicken Quesadillas</p> <p>Roasted Veirra Farms Cauliflower</p> <p>Organic Spanish Rice</p>	<p style="text-align: center;"><b>Kitchen Table</b></p> <p>Roasted Free Range Chicken, Yukon Mash potatoes</p> <p>Steamed Dwelley Green Beans</p> <p>Garlic Bread Stick</p>	<p style="text-align: center;"><b>Stone Hearth Pizza</b></p> <p>Cheese with Rumiano Farms Cheese</p> <p>Cucumber &amp; Heirloom Tomato Salad with House Vinaigrette</p>	<p style="text-align: center;"><b>Breakfast for Lunch</b></p> <p>French Toast Sticks w/ Chicken Apple Sausage Links</p> <p>Fresh California Oranges</p>	<p style="text-align: center;"><b>Global Adventure</b></p> <p>Cheese &amp; Bean Burrito</p> <p>Whole Wheat Flour Tortilla</p> <p>Cilantro Lime Rice</p>
11	12	13	14	15
<p style="text-align: center;"><b>Panini</b></p> <p>Veinna Beef Hot Dogs On Brioche Bun</p> <p>Homemade Chips</p> <p>Heirloom garden Salad</p>	<p style="text-align: center;"><b>Global Adventure</b></p> <p>Free Range Chicken Fried Jasmin Rice</p> <p>Glazed Nantes Carrots</p>	<p style="text-align: center;"><b>Stone Hearth Pizza</b></p> <p>Cheese Pizza with Rumiano Farms Cheese</p> <p>Garden Caesar Salad, English Cucumbers, &amp; House Dressing</p>	<p style="text-align: center;"><b>Street Food</b></p> <p>Free Range Chicken Strips</p> <p>Roasted Jojo Potatoes W/ Broccoli</p> <div style="text-align: center;">  <p style="font-size: small; color: blue;">This Photo by Unknown Author is licensed under <a href="https://creativecommons.org/licenses/by-sa/4.0/">CC BY-SA</a></p> </div>	<p style="text-align: center;"><b>Kitchen Table</b></p> <p>Free Range Chicken Alfredo , Garlic bread</p> <p>Penne Pasta</p> <p>Garden Roasted Veg</p>
18	19	20	21	22
<p><b>PRESIDENT'S DAY</b></p> <p><b>EEC CLOSED</b></p> 	<p><b>PRESIDENT'S DAY</b></p> <p><b>EEC CLOSED</b></p> 	<p><b>NO HOT LUNCH</b></p> <p><b>Epicurean</b></p> <p><b>Closed</b></p> <p><b>Bring Cold</b></p> <p><b>Lunch</b></p>	<p><b>NO HOT LUNCH</b></p> <p><b>Epicurean</b></p> <p><b>Closed</b></p> <p><b>Bring Cold</b></p> <p><b>Lunch</b></p>	<p><b>NO HOT LUNCH</b></p> <p><b>Epicurean</b></p> <p><b>Closed</b></p> <p><b>Bring Cold</b></p> <p><b>Lunch</b></p>
25	26	27	28	
<p style="text-align: center;"><b>Kitchen Table</b></p> <p>Free Range Chicken Chow Mein</p> <p>Soy Ginger Glaze</p> <p>Stir-Fried Veggies</p>	<p style="text-align: center;"><b>TACO TUESDAY</b></p> <p>Grass Fed Ground Beef &amp; Corn Tortilla</p> <p>Spanish Rice and Pinto Beans</p> <p>California Orange</p>	<p style="text-align: center;"><b>Stone Hearth Pizza</b></p> <p>Cheese Pizza with Rumiano Farms Cheese</p> <p>Garden Caesar Salad, English Cucumbers, &amp; House Dressing</p>	<p style="text-align: center;"><b>Global Adventure</b></p> <p>Grilled Marin Cheese Sandwich On Toasted Sourdough</p> <p>Cheddar Cheese</p> <p>Fresh Jicama &amp; Carrot Sticks</p>	