

## **CCS Fall 2011 Athletic Accomplishments**

**1 Section Champion – Boys Soccer**

**1 Section Co-Champion – Kara Ashmore, Girls Golf**

**2 League Champions – Girls Volleyball, Boys Soccer**

**63 Student Athletes made the G.E.L. Academic All League** (must maintain a 3.5 during season)

**5 Athletes were MVP of their League (most in one season):**

Kara Ashmore – MVP Girls Golf

John Murray – Defensive MVP Boys Soccer

Keenan Armbrust – Offensive MVP Boys Soccer

Missy Fuerst – MVP Girls Volleyball

Nifae Laelao – Defensive MVP Football

**23 Athletes made 1<sup>st</sup> Team All-League** (*incl. MVP's*)

**Football (2<sup>nd</sup> in GEL)** (*1<sup>st</sup> Team Defense*) Nifae Laelao(MVP) Anthony Garza, Javon Lee, (*1<sup>st</sup> Team Offense*) Jacob Woehler, Bo Reid, Bobby McCarthy, Demetri Cranshaw, Riley Dennis (*2<sup>nd</sup> Team All League*) Austin Wolfe, Andrew Peterson, Micah Hernandez

**Soccer (1<sup>st</sup> in GEL)**, John Murray (MVP), Keenan Armbrust (MVP), Micah Alvarez, Christian Wyatt Alexander Thompson, Kaleb Armbrust

**Cross Country (Boys 2<sup>nd</sup>, Girls 4<sup>th</sup> in GEL)** Kayleigh Bates, Tanner Nissen

**Golf (2<sup>nd</sup> in GEL)** Kara Ashmore (MVP), Milan James, Meagan Blackstad

**Volleyball (1<sup>st</sup> in GEL)** Missy Fuerst (MVP), Hailey Tracy, Jenn Orr, Holly Ailman

**4 Coaches named ‘Coach of the Year’** (*voted on by the Coaches in the GEL*)

Carly Vacher (Volleyball)

Denis Jordan (Boys Cross Country)

John Malinowski (Boys Cross Country)

Ab Alvarez (Soccer)

**GEL All-League Honorable Mention**

(*Soccer*) Paul Herscowitz, Mauricio Dubon

(*Volleyball*) Jasmine Cranshaw